


JOHN BREGAR

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 @johnbregar

FILM AND TELEVISION

UNION: ACTRA

iZombie	Guest Star	CW/Netflix/Tuan Quoc Le
Chop Shop	Lead	Paramount Web Series/ Elliot Lester
The Mentalist	Guest Star	WB/CBS/Chris Long
Killing Time	Lead	Feature Film/Bob Rice
Love Alaska	Supporting	MOW/Justin G Dyck
Awakening the Zodiac	Large Principal	Feature Film/Jonathan Wright
Saving Hope (2 Episodes)	Large Principal	CTV/ION/David Whamsby
Being Human	Recurring	SYFY/Adam Kane
Jack of Diamonds	Series Lead	Global / France / Craig Pryce
Desperately Seeking Santa	Supporting	ABC Family/Craig Pryce
Satisfaction #105	Guest Star	CTV/Mike Clattenburg
Rookie Blue	Large Principal	ABC/Global/Steve DiMarco
Servitude	Lead	Buck Productions/Warren Sonoda
Entitled	Supporting	Feature Film/Aaron Woodley
Murdoch Mysteries #610	Principal	CBC/Eleanor Lindo
Phase One	Lead	Feature Film/Eric Wastenberg
Oh Christmas Tree!	Large Principal	Hallmark/Craig Pryce
Verona	Lead	Appulse Films/Laurie Lynd
Flashpoint	Guest Star	CTV/CBS/Holly Dale
The Best Years	Recurring	The N Network/CTV/Noreen Halpern
Being Erica	Recurring	CBC Network/Various
Family Blitz	Series Regular	Flowers France 2/YTV/Muse Ent
New Year	Lead	Feature Film/Phil Borg
Dead at 17	Lead	Lifetime MOW/Doug Jackson
Taking a Chance on Love	Principal	Hallmark MFT/Douglas Barr
The Jane Show - Voices from the Past	Large Principal	Global Net/TW Peacock
Degrassi: Next Generation (5 seasons)	Series Regular	Noggin/BBC/CTV/Epitome Pictures
Left for Dead	Large Principal	Feature Film/Chris Harrison
It's a Boy Girl Thing	Principal	Rocket Pictures/Nick Hurran
Darcy's Wildlife	Guest Star	NBC Episodic/Don Mccutcheon
72 (Summit Series)	Supporting	CBC/T.W.Peacock

TRAINING

Acting: Dean Armstrong, Meisner (Carnegie), Stella Adler (Deb Acquila), Lewis Baumander, Alan Jordan, Shawn Lawrence

Voice (US Dialect): John Nelles, Jay Miller & Rae Ellen Bodie

Stage Combat: John Stead, Simon Fond

Stage: Swordsmanship, Improvisation, Commedia Dell' Arte, Experimental Drama, Stage Design

SPECIAL SKILLS

Languages: Various Dialects, Basic French, Basic Slovenian

Weapons: Glock 19, FBI, Law Enforcement Training

Athletics: Swim, Volleyball, Track & Field, Run, Weight Lift, Boxing, Basketball, Baseball, Football, Soccer, Racquetball, Tennis, Rollerblade, Cycle, Ice Hockey, Roller Hockey, Alpine Ski, Scuba Diving